Dr. Dee Carroll to Present TedX Talk

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Talk Will Cover Emotional Emancipation for The Masses with Solutions Out of Agony and into Achievement

Wilmington, DE -- (SBWire) -- 05/04/2018 --Dr. Dee Carroll will be presenting a TedX Talk for TEDxWilmington on May 15th, 2018. This event, set to take place in Wilmington, DE, will support and guide individuals to Emotional Emancipation, a term she coined. Her talk supports the overall message of the event, TEDxWilmingtonLive: Age of Amazement. As a talented and inspirational speaker, Dr. Carroll works to help guide people away from a life of surrender in the face of struggle, coaching individuals to abandon a feeling of defeat in the face of challenge. Instead, she encourages people to take responsibility for their failures while forgiving themselves and others on the way to change. Her legacy is to be "an inspiration of reinvention after life's challenges, trials, tribulations, and adversities. It's not a question of if you will face adversity in life. It's a question of 'when.' And it's knowing what to do to move beyond it. Regardless of our station in life, we have one thing in common—we all must handle adversity," says Dr. Carroll.

Dr. Carroll aims to help people reach emotional emancipation using her own experiences with overcoming struggles. She guides people to lead free, vibrant, and Emotionally Emancipated lives. The talk will cover how to approach the numerous day-to-day struggles that commonly plague people. She will also emphasize that despite the alienating nature of personal difficulties, people experience similar struggles. However, with the right attitude, they can rise from the ashes like the phoenix and reinvent themselves. "No one can escape struggle; no one lives a life of perpetual ease. Everyone's survival rests on pushing past the exacerbating emotional turmoil resting at the core of every challenge ready to tear open our hearts and leave us reeling. Our survival depends on our ability to face down challenges and move beyond them," explains Dr. Carroll.

Sought after and gifted, Dr. Carroll is an engaging speaker, coach, seminar host, and consultant with a long list of established clients including: Washington Headquarters Services, Department of State, Executive Office of the President, Howard University, Georgetown University, and many others. She is also the author of the book: Emotional Emancipation, a guide for helping people learn and grow from adversity and change. Dr. Carroll is excited at "the opportunity to share my call to action via this TEDx Talk. It gives me hope, knowing that Emotional Emancipation can be experienced by all. This emancipation grants the freedom to choose how you approach and perceive situations as well as how you respond to the problems life sends your way. It gives you the freedom to overcome and heal your inner self, the freedom to control your destiny, and the freedom to propel yourself towards achievement without surrendering."

Visit Dr. Dee Carroll's website for more information on her work as an inspirational speaker, for additional tips such as 30 second quick fixes for reinventing yourself, and for advice on making the initial steps towards emotional emancipation.

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Dr. Dee Carroll
http://www.drdeecarroll.com/index.html